VOL. 59 NO. 1 • JANUARY 2022

Mitchel

The news you need to know in 5 minutes!

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## SAFE & HAPPY

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## Working with Local Legislators

#### By Tony Tucker, President/CEO

"All politics is local." This observation by the late Thomas P. "Tip" O'Neill, Jr., former Speaker of the House of Representatives, means that even national politics have a local impact, and people care most about issues that directly affect them. Indirectly, this famous adage underscores the importance and value of local politics.

At Mitchell EMC, we think it's critical to develop and cultivate relationships with local legislators because



they craft, introduce and vote on legislation that impacts the local business climate, the environment and quality of life for our community. That's why we work closely with our local elected officials. Afterall, our purpose is to provide safe, reliable, affordable energy, but our mission is to help our community thrive.

Mitchell EMC is a local business that powers economic development and prosperity for our region. As a cooperative, we have deep roots here, and we listen closely to our members to better understand the needs of the community. Our leadership, board members and employees live and work right here in the community we serve.

We strive to be an advocate for our community, ensuring that local legislators know, understand and act on the issues that are important to our area.

#### Providing industry guidance and expertise

As a practical matter, we recognize that most legislators are "generalists," yet they vote on a wide range of issues. Their expertise may not include the changing energy industry, which is why Mitchell EMC provides guidance and expertise from subject matter experts who've been in the energy industry for many years.

Today's energy landscape is an increasingly complex topic covering not only the traditional engineering and vegetation management aspects of the industry, but also encompasses technology, cybersecurity, the electrification of the transportation sector and more.

Our experts provide briefings and backgrounders to legislators, committees and staff, and we offer expert testimony for hearings and other legislative or regulatory meetings or gatherings. And because we're involved in economic development and we know local community leaders, we can provide insight on how issues and policies under discussion might impact our region.

#### Representing your best interests

We strive to be a trusted resource on energy issues. Because of our deep roots in the community, we have a firm understanding of local issues and needs. We will continue looking after the long-term interests of our consumer-members. This means we are able to cultivate and foster positive, productive relationships with legislators who know and trust us, because we're advocating on behalf of the community we serve.

We're proud to power your life and bring good things to the community. We hope you'll continue to advise Mitchell EMC on matters of importance so we can continue to advocate on your behalf and improve the quality of life for all.



**GOING THE EXTRA MILE** Did you know electric co-ops power fewer consumers per mile of line compared to other utilities?

Electric co-ops maintain more miles of power lines per customer than other types of electric utilities, but that won't stop us from always going the extra mile for YOU, the members of Mitchell EMC!



#### Energy Efficiency Tip of the Month

Maximize your heating system's performance by inspecting, cleaning or replacing air filters once a month or as needed to reduce energy costs and prevent potential damage to your system. Make sure radiators, baseboard heaters and warm-air registers aren't blocked so air can flow freely. *Source: Dept. of Energy* 

### Are Portable Space Heaters Efficient for My Home?

#### By Abby Berry

Small space heaters are meant to do exactly as their name says: heat a small space. But unfortunately, many people use portable space heaters to heat their entire home, which can really take a toll on your energy bills. The truth is, whether you should use space heaters really depends on your home's efficiency and energy needs.

If you're using a space heater to compensate for problems in your home, like inadequate insulation, drafty windows and exterior doors, or an inefficient heating system, space heaters are not a practical solution. Your best bet is to improve the overall efficiency of your home. If you're on a tight budget, caulking and weather stripping around windows and exterior doors is a low-cost, easy way to save energy. Depending on the size of your home, adding insulation can be a great next step. Loose fill insulation typically costs \$1 to \$1.50 per square foot. Taking these proactive energy-saving measures rather than relying on space heaters for supplemental warmth can reduce your heating and cooling bills for years to come.

Perhaps your home is energy efficient but you're cold-natured and want a specific room to be cozier than the rest. In this case, a space heater may work for your needs. A good comparison is ceiling fans; we use ceiling fans in the summer to cool people, not rooms. A space heater can be used in a similar way during

winter months. Only use a space heater in small spaces that you're occupying and, if possible, try to shut off other rooms to contain the warmth provided by the space heater. If you decide to use a space heater to heat a small area in your home, make sure the heater is properly sized for the space; most heaters include a general sizing table.

A word about safety: the U.S. Consumer Product Safety Commission estimates more than 25,000 residential fires are associated with the use of space heaters every year, resulting in more than 300 deaths. If you must use a space heater, purchase a newer model that includes the most current safety features and make sure it carries the Underwriter's Laboratory (UL) label. Choose a thermostatically controlled heater to avoid energy waste and overheating, and place the heater on a level surface away



#### TIPS TO DITCH THE SPACE HEATER

Space heaters are energy hogs, and older models can be extremely dangerous. This winter, ditch the space heater and try these alternative solutions to stay cozy.

- Use an electric blanket to keep warm during the night.
- Caulk and weatherstrip around all windows and doors to prevent heat loss.

 Consider adding insulation to your attic and around duct work.

label. Choose a thermostatically controlled heater to avoid energy waste and overheating, and place the heater on a level surface away from foot traffic when in use. Always keep children and pets away from space heaters. Consider alternative ways to stay warm like extra layers of clothing or UL-approved electric blankets

Consider alternative ways to stay warm like extra layers of clothing or UL-approved electric blankets. If you have hardwood or tile floors, lay down area rugs to provide additional insulation (and appeal!) and maintain warmth.

We know it's cold out there, but remember in addition to safety concerns, space heaters can greatly increase your energy bills if used improperly.

If you're looking for alternative ways to save energy and increase comfort in your home, contact Mitchell EMC at 800-479-6034. We're here to help you manage your energy use.

Abby Berry writes on consumer and cooperative affairs for the National Rural Electric Cooperative Association, the national trade association representing more than 900 local electric cooperatives. From growing suburbs to remote farming communities, electric co-ops serve as engines of economic development for 42 million Americans across 56% of the nation's landscape.

<u>Note:</u> If you move or no longer have electric service with Mitchell EMC, it is important that members keep their address current, so that future disbursements can be properly mailed. Capital credits are reserved for members even if they move out of the Mitchell EMC service area. Mitchell EMC will make a diligent effort to send a check by mail.

#### Statement of Equal Employment Opportunity

All applicants for employment shall be considered and hired on the basis of merit, without regard to race, color, religion, sex (including pregnancy), age, national origin, disability, genetic information, or past or present military status. The employment practices shall ensure equal treatment of all employees, without discrimination as to promotion, discharge, rates of pay, fringe benefits, job training, classification, referral, and other aspects of employment, on the basis of race, color, religion, sex (including pregnancy), national origin, disability, age, genetic information, or past or present military status. M/F/V/DV/D





#### Cranberry Pecan Cheese Ball

#### Ingredients:

8 ounces cream cheese 1 cup white sharp cheddar cheese shredded 1 cup dried cranberries chopped and divided 1 cup Fisher's Nuts pecans chopped and toasted \*optional 1/4 cup chives or green onions chopped

1/2 tsp garlic powder

#### Directions:

 To Toast Pecans: Pre-heat oven to 375F. Place chopped pecans on a baking tray and bake for 5 minutes or until aromatic. Remove from oven and set aside.
In a large bowl, beat cream cheese, cheddar cheese, ½ toasted pecans, ½ cup dried cranberries, chive or green onion, and garlic powder until well combined.
Place mixture in the center of a piece of plastic wrap or parchment paper and cover completely with wrap while forming it into a ball shape. Place in fridge until ready to serve.

4. Just before serving, combine remaining ½ cup pecans, ½ dried cranberries, and 2 tablespoon chives on a flat surface or cutting board. Unwrap the ball and roll in cranberry-pecan mixture.

5. Serve with crackers, pita chips, pretzels, carrots or celery.

**Recipe Online Source: Gimme Delicious** 



Send us your favorite quick and easy dinner recipes. If your recipe is chosen for print, you can win a

#### \$25 credit

on your next Mitchell EMC bill.

Send recipes to: Heather Greene, P.O. Box 409, Camilla, GA 31730 or email to heather.greene@mitchellemc.com.