Mitchell EMC

* The news you need to know in 5 minutes!

CAMILLA, GEORGIA www.mitchellemc.com

We're Ready for Storm Season. Are You?

By Tony Tucker, President/CEO

Now that summer is in full swing, like many of you, I welcome more opportunities to be outdoors and enjoy the warmer weather. Summertime brings



many of my favorite activities like cooking out with family and friends, afternoons on the water and simply slowing down a bit to enjoy life.

But summer months also make conditions right for dangerous storms. These potential weather events can cause destruction to our electrical system, but

I want you to know that Mitchell EMC crews are ready and standing by to respond should power outages occur in our area.

When major storms knock out power, our line crews take all necessary precautions before they get to work on any downed lines. I would encourage you to also practice safety and preparedness to protect your family during major storms and outages.

The Federal Emergency Management Agency recommends the items below as a starting point for storm and disaster preparedness, but you can visit www.ready.gov for additional resources.

• **Stock your pantry** with a three-day supply of non-perishable food, such as canned goods, energy bars, peanut butter, powdered milk, instant coffee, water and other essentials (i.e., diapers and toiletries).

• Confirm that you have adequate sanitation and hygiene supplies including towelettes, soap and hand sanitizer.

• Ensure your First Aid kit is stocked with pain relievers, bandages and other medical essentials, and make sure your prescriptions are current.

• Set aside basic household items you will need, including flashlights, batteries, a manual can opener and portable, battery-powered radio or TV.

• Organize emergency supplies so they are easily accessible in one location.

In the event of a prolonged power outage, turn off major appliances, TVs, computers and other sensitive electronics. This will help avert damage from a power surge and will also help prevent overloading the circuits during power restoration. That said, do leave one light on so you will know when power is restored. If you plan to use a small generator, make sure it is rated to handle the amount of power you will need, and always review the manufacturer's instructions to operate it safely.

Listen to local news or a NOAA Weather Radio for storm and emergency information, and check Mitchell EMC's social media pages or website for power restoration updates.

After the storm, avoid downed power lines and walking through flooded areas where power lines could be submerged. Allow ample room for utility crews to safely perform their jobs, including on your property.

Advance planning for severe storms or other emergencies can reduce stress and anxiety caused by the weather event and can lessen the impact of the storm's effects. Sign up for NOAA emergency alerts and warnings, and download our Outage App to stay abreast of power restoration efforts and other important co-op news and information.

I hope we don't experience severe storms this summer, but we can never predict Mother Nature's plans. At Mitchell EMC, we recommend that you act today because there is power in planning. From our co-op family to yours, we hope you have a safe and wonderful summer.

Suds and Savings 10 ways to save energy in the laundry room

By Abby Berry

Your clothes washer and dryer account for a significant portion of energy consumption from major appliances, and let's face it-laundry is no one's favorite chore. Make the most of your laundry energy use! There are several easy ways you can save energy (and money) in the laundry room. The Department of Energy recommends the following tips for saving on suds:

Wash with cold water. Switching from

Switching from warm water to cold water can cut one load's energy use by more than half, and by using a cold-water detergent, you can still achieve that brilliant clean you'd normally get from washing in warm water. Photo Credit: Scott Van Osdol

warm water to cold water can cut one load's energy use by more than half, and by using a cold-water detergent, you can still achieve that brilliant clean you'd normally get from washing in warm water.

• Wash full loads when possible. Your washing machine will use the same amount of energy no matter the size of the clothes load, so fill it up if you can.

• Use the high-speed or extended spin cycle in the washer. This setting will remove more moisture before drying, reducing your drying time and the extra wear on clothing.

• Dry heavier cottons separately. Loads will dry faster and more evenly if you separate heavier cottons like linens and towels from your lightweight clothing.

• Make use of the "cool down" cycle. If your dryer has this cycle option, you can save energy because the clothes will finish drying with the remaining heat in the dryer.

• Use lower heat settings to dry clothing. Regardless of drying time, you'll still use less

energy.

• Use dryer balls. Dryer balls, usually wool or rubber, will help keep clothes separated for faster drying, and they can help reduce static, so you can eliminate dryer sheets.

• Switch loads while the dryer is warm. This allows you to take advantage of the remaining heat from the previous cycle.

• Clean the lint filter after each drying cycle. If you use dryer sheets, remember to scrub the filter once a month with a toothbrush to remove excess buildup.

 Purchase ENERGY STAR[®]rated washers and dryers. When it's time to purchase a new washer or dryer, look for the ENERGY STAR® label. New washers and

dryers that receive the ENERGY STAR[®] rating use about 20% less energy than conventional models.

To learn about additional ways you can save energy at home, visit www.energy.gov/energysaver.

Abby Berry writes on consumer and cooperative affairs for the National Rural Electric Cooperative Association, the national trade association representing more than 900 local electric cooperatives. From growing suburbs to remote farming communities, electric co-ops serve as engines of economic development for 42 million Americans across 56% of the nation's landscape.



Smart light bulbs offer convenient control through voice commands or a smart phone app, and you can save additional energy (and money!) with LED options.

Photo Credit: Philips







Energy Efficiency Tip of the Month

A dirty filter causes your air conditioner to work harder than necessary. Remember to change your air filter every month (or every two months) to prevent dust buildup, which can lead to even bigger problems.

Serving in 14 Southwest Georgia Counties...

SWIMMING POOL ELECTRICAL SAFETY CROSSWORD

Water and electricity never mix! When you're cooling off in the swimming pool, remember to practice electrical safety. Complete the pool safety crossword puzzle below.



Hint: Check your answers in the key below.

1 Down:

When possible, use _____ operated devices when outside near a swimming pool.

2 Across:

Never bring ______ devices near a swimming pool. If they come in contact with water, electric shock could occur. Devices should be kept at least 10 feet away from water sources.

3 Down:

If you hear _____, immediately exit the swimming pool. Storms may be near.

4 Across:

2

All outdoor electrical outlets should be covered to keep them ____

4

3

Answer Key – 1 Down: battery 2 Across: electrical 3 Down: thunder 4 Across: Dry

<u>Note:</u> If you move or no longer have electric service with Mitchell EMC, it is important that members keep their address current, so that future disbursements can be properly mailed. Capital credits are reserved for members even if they move out of the Mitchell EMC service area. Mitchell EMC will make a diligent effort to send a check by mail.

Statement of Equal Employment Opportunity

All applicants for employment shall be considered and hired on the basis of merit, without regard to race, color, religion, sex (including pregnancy), age, national origin, disability, genetic information, or past or present military status. The employment practices shall ensure equal treatment of all employees, without discrimination as to promotion, discharge, rates of pay, fringe benefits, job training, classification, referral, and other aspects of employment, on the basis of race, color, religion, sex (including pregnancy), national origin, disability, age, genetic information, or past or present military status. M/F/V/DV/D







Mrs. Alice R. Brown Skillet Apple Pie

Ingredients:

 cup firmly packed light brown sugar
stick salted butter plus 1 tablespoon melted for crust
refrigerated rolled pie crusts
1 21 ounce can apple pie filling
tablespoons cinnamon sugar
Vanilla ice cream for serving

Directions:

Preheat oven to 400°. Melt the brown sugar and ½ cup of butter in a 9-inch cast iron skillet over medium heat. Remove the pan from the heat and cover with one pie crust. Pour the apple pie filling on top of the crust. Sprinkle with 1 tablespoon of the cinnamon sugar and cover with the second crust. Brush with the 1 tablespoon of melted butter and sprinkle with the remaining cinnamon sugar. Bake for 30 minutes or until golden brown. Serve hot with a generous dollop of vanilla ice cream.

> Submitted By: Alice Brown, Dougherty County

Share & Win!

Send us your favorite quick and easy dinner recipes. If your recipe is chosen for print, you can win a

\$25 credit on your next Mitchell EMC bill.

Send recipes to: Heather Greene, P.O. Box 409, Camilla, GA 31730 or email to heather.greene@mitchellemc.com.