

## The power behind your power

By Anne Prince

As April arrives, it brings with it the showers that produce spring flowers. It also heralds the beginning of a potentially stormy season that can inherently include power outages. While Mitchell EMC strives to provide reliable electricity to our members, there are times when Mother Nature has other plans. Most of us can ride out a storm from the comfort and convenience of our homes. However, there is a group of professionals that spring into action when the weather takes a turn for the worst – co-op lineworkers.

One of the most dangerous jobs

Braving stormy weather and other

challenging conditions, lineworkers often must climb 40 or more feet in the air, carrying heaving equipment to restore power. Listed as one of the 10 most dangerous jobs in the U.S., lineworkers must perform detailed tasks next to high voltage power lines. To help keep them safe, lineworkers wear specialized protective clothing and equipment at all times when on the job. This includes special fire-resistant clothing that will self-extinguish, limiting potential injuries from burns and sparks. Insulated and rubber gloves are worn in tandem to protect them from electrical shock. While the gear performs a critical function, it also adds additional weight and bulk,

making the job more complex.

In addition to the highly visible tasks lineworkers perform, their job today goes far beyond climbing to the top of a pole to repair a wire. They are also information experts that can pinpoint an outage from miles away and restore power remotely. Line crews use their laptops and cell phones to map outages, take pictures of the work they have done and troubleshoot problems. In our community, Mitchell EMC lineworkers are responsible for keeping 5,625 miles of lines across 14 of counties working, in order to bring power to your home and our local community 24/7, regardless See LINEWORKER, page 2.

## **A Community Partner Since 1937**

## Thunderstorm safety tips from the American Red Cross

When thunderstorms are rolling your way, stay safe with these helpful tips from the American Red Cross:

- Listen to local news or NOAA Weather Radio for emergency updates. Watch for signs of a storm, like darkening skies, lightning flashes or increasing wind.
- Postpone outdoor activities if thunderstorms are likely to occur. Many people struck by lightning are not in the area where rain is occurring.
- If a severe thunderstorm warning is issued, take shelter in a substantial building or in a vehicle with the windows closed. Get out of mobile homes that can blow over in high winds.
- If you can hear thunder, you are close enough to be in danger from lightning. If thunder roars, go indoors! The National Weather Service recommends staying inside for at least 30 minutes after the last thunder clap.

- Avoid electrical equipment and telephones. Use battery-powered TVs and radios instead.
- Shutter windows and close outside doors securely. Keep away from windows.
- Do not take a bath, shower or use plumbing.
- If you are driving, try to safely exit the roadway and park. Stay in the vehicle and turn on the emergency flashers until the heavy rain ends. Avoid touching metal or other surfaces that conduct electricity in and outside the vehicle.
- If you are outside and cannot reach a safe building, avoid high ground; water; tall, isolated trees; and metal objects such as fences or bleachers. Picnic shelters, dugouts and sheds are NOT safe.

Source: American Red Cross

## LINEWORKER from front

of the weather, holidays or personal considerations.

While some of the tools that lineworkers use have changed over the years, namely the use of technology, the dedication to the job has not. Being a lineworker is not a glamourous profession. At its essence, it is inherently dangerous, requiring them to work near high voltage lines in the worst of conditions, at any times of

the day or night. During hurricanes, wildfires or storms, crews often work around the clock to restore power. While April is known for spring showers, there is also a day set aside to "thank a lineworker."

Lineworker Appreciation Day is April 9. So during the month of April, if you see a lineworker, please pause to say thank you to the power behind your power. Let them know you appreciate the hard work they do to keep the lights on, regardless of the conditions.

Anne Prince writes on consumer and cooperative affairs for the National Rural Electric Cooperative Association, the Arlington, Va.-based service arm of the nation's 900-plus consumer-owned, not-for-profit electric cooperatives.

## **Attention Farmers**Just a reminder...

Time Of Use (TOU) rates for irrigation systems begins on June 1. The TOU kWh cost is based on the time of day in which it is used. The rate will distinguish between ON-PEAK and OFF-PEAK usage.

\*TOU rates apply from June 1 - September 30. If you have any questions, please do not hesitate to contact us at 229-336-5221 or 1-800-479-6034.



## HOW TO PREVENT ELECTRIC SHOCK DROWNING

Each year, 3,800 people die from drowning. Electric shock drowning occurs when an electric current escapes boats, docks and lights near marinas, shocking nearby swimmers. There are no visible signs of current seeping into water, which makes this a hidden danger. The electric shock paralyzes swimmers, making them unable to swim to safety.



#### **ELECTRICAL SAFETY TIPS FOR:**

#### **Swimmers**

- Never swim near a boat or launching ramp.
  Residual current could flow into the water from the boat or the marina's wiring, potentially putting anyone in the water at risk of electrick shock.
- If you feel any tingling sensations while in the water, tell someone and swim back in the direction from which you came. Immediately report it to the dock or marina owner.

#### **Boat Owners**

- Ensure your boat is properly maintained and consider having it inspected annually.
  GFCIs and ELCIs should be tested monthly.
  Conduct leakage testing to determine if electrical current is escaping the vessel.
- Use portable GFCIs or shore power cords (including "Y" adapters) that are "UL-Marine Listed" when using electricity near water.
- Regularly have your boat's electrical system inspected by a certified marine electrician. Ensure it meets your local and state NEC, NFPA and ABYC safety codes.

## IF YOU SEE ELECTRIC SHOCK DROWNING TAKING PLACE:







DO NOT enter the water. You could become a victim, too.

## Serving in 14 Southwest Georgia Counties...

**Mitchell Electric Membership Corporation** 

## 81<sup>st</sup> Annual Meeting April 20, 2018

Mitchell EMC Auditorium • 475 Cairo Road, Camilla, GA 31730

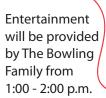
Registration 12:30 - 2:00 p.m.

Information Booths 12:30 - 2:00 p.m.

Entertainment 1:00 - 2:00 p.m. Business Meeting 2:00 p.m.







# **Energy Efficiency**Tip of the Month

Make sure your refrigerator door seals are airtight for maximum energy efficiency. Test the seal by closing the door over a piece of paper (so that it's half in and half out). If you can easily pull the piece of paper out, your seal may need to be replaced or the latch may need to be adjusted.

Source: energy.gov



<u>Note:</u> If you move or no longer have electric service with Mitchell EMC, it is important that members keep their address current, so that future disbursements can be properly mailed. Capital credits are reserved for members even if they move out of the Mitchell EMC service area. Mitchell EMC will make a diligent effort to send a check by mail.

### Statement of Equal Employment Opportunity

All applicants for employment shall be considered and hired on the basis of merit, without regard to race, color, religion, sex (including pregnancy), age, national origin, disability, genetic information, or past or present military status. The employment practices shall ensure equal treatment of all employees, without discrimination as to promotion, discharge, rates of pay, fringe benefits, job training, classification, referral, and other aspects of employment, on the basis of race, color, religion, sex (including pregnancy), national origin, disability, age, genetic information, or past or present military status. M/F/V/DV/D



COOKING





#### **Peanut Butter Cookie Lasagna**

#### Ingredients:

1 box Nutter Butter Cookies Cool Whip or whip your own fresh whipped cream (1 cup cream plus a drop of sugar for sweetness)

Peanut butter cups

1/2 cup peanut butter, melted in microwave 1 box instant or regular vanilla pudding, prepared according to package

Line the bottom of an 8x8 pan with Nutter Butter Cookies. Top with a drizzle of the melted peanut butter. Add 1/2 of the pudding. Add 1/2 of the cream. (I like to use a pastry bag so it is pretty, but you can spread it if you prefer). Top with chopped peanut butter cups. Repeat the layering. Decorate the top with crushed Nutter Butter Cookies, peanut butter cups and drizzle more of peanut butter. Chill overnight for the cookies to soften.



**Lisa Beckwith**, Mitchell County, GA, for sharing this recipe.

## Share & Win!

Send us your favorite quick and easy dinner recipes. If your recipe is chosen for print, you can win a

#### \$25 credit

on your next Mitchell EMC bill.

#### Send recipes to

Heather Greene, P.O. Box 409, Camilla, GA 31730 or email to heather.greene@mitchellemc.com.